

### 1st Dan Student Qualification Requirements

Authorised Examiners: Takeji Tomita & Emidio Lezza

#### **Qualification Period**

Minimum of 100 hours tuition over one year of continuous discipline.

Inconsistent attendance is not accepted.

Short periods of illness should be notified to your instructor.

#### **Intensive Camps**

Participation in at least two camps.

#### **Technique Examination**

(Demonstration of the following techniques, in the order below)

1	Kihon Katate Dori Tai No Henko. (Kihon 2, Advance)	
2	Kihon Morote Dori Kokyu Ho. (Kihon 2, Advance)	
3	Kihon Renzoku Waza Men Uchi : Ikkyo, Nikyo, Sankyo. (Omote, Ura)	
4	Kihon Renzoku Nage Waza Katate Dori : Shiho Nage, (Omote, Ura),	
	Kotegaeshi, Kaiten Nage, Irimi Nage, Ryote Dori Tenchi Nage.	
5	Kihon Katate Dori : Gedan Kokyu Nage, Chudan Kokyu Nage, Jodan	
	Kokyu Nage.	
6	Kihon Suwari Kokyu Ho, +Advance.	
7	Tanto Dori ; Tsuki Kotegaeshi.	
8	Jo ; 31 Kata.	
9	Bokuto ; Suburi : Shomen Uchi Komi, Yokomen Uchi Komi.	

### **Points of importance**

Focus on economy of movement (EXTRA steps and passes not accepted.)

#### **Aikido Insights**

Write a 400 word essay of the your views of the following.

- What is Aikido?
- Why you practice Aikido?



## 2<sup>nd</sup> Dan Student Qualification Requirements

Authorised Examiners: Takeji Tomita & Emidio Lezza

#### **Qualification Period**

Following 1st Dan a minimum of 200hours over two consecutive years of continuous discipline.

> Inconsistent attendance is not accepted. Short periods of illness should be notified to your instructor.

#### **Intensive Camps**

Participation in at least four camps.

#### **Technique Examination**

(Demonstration of the following techniques, in the order below)

1	Advance : Tai No Henko.	
2	Advance : Morote Dori Kokyu Ho.	
3	Renzoku Waza Yokomen Uchi : Ikkyo, Nikyo, Sankyo. (Omote, Ura)	
4	Renzoku Waza Yokomen uchi : Shihonage, Kotegaeshi, Irimi nage,	
	Advance : Kaiten Nage, Tenchi Nage.	
5	Advance : Katate Dori Kokyu Nage. (Gedan, Chudan, Jodan)	
6	Advance : Suwari Kokyu Ho.	
7	Tanto Dori : Tsuki, Yokomen Uchi x 2.	
8	Jo : 31 Kata, 13 Kata.	
9	Bokuto : 7 Suburi.	

#### **Points of Importance**

Demonstrate a harmonized three dimensional, heightened spatial perception. Body movement, distance, timing, tempo & zanshin.

### **Aikido Insights**

Write a 400 word essay of the your views of the following.

- The principle of Aikido.
- The techniques of Aikido.



## 3<sup>rd</sup> Dan Student Qualification Requirements

Authorised Examiners: Takeji Tomita & Emidio Lezza

#### **Qualification Period**

Following 2<sup>nd</sup> Dan a minimum of 200hours over two consecutive years of continuous discipline.

> Inconsistent attendance is not accepted. Short periods of illness should be notified to your instructor.

### **Intensive Camps**

Participation in at least four camps.

#### **Technique Examination**

(Demonstration of the following techniques, in the order below)

1	Aiki Jo	31 Jo Kata
		13 Jo Kata
		31 Jo Awase
2	Aiki Ken	7 Suburi
		5 Kumitachi
3	Tai Jutsu + 5 Tanto dori.	15 minutes Demonstration.

#### **Points of Tai Jutsu Demonstration Importance**

Perform a choreograph demonstration with an emphasis on a graceful flow between movements.

#### **Aikido Insights**

Write a 400 word essay of the your views of the following.

- Why we practice Aiki Jo and Aiki Ken?
- What is Tanden?



### 4<sup>th</sup> Dan Student Qualification Requirements

Authorised Examiner: Takeji Tomita

#### **Qualification Period**

Following 3<sup>rd</sup> Dan only on recommendation from Sensei Tomita and the students Dojo's instructor after a minimum additional two consecutive years of continuous discipline.

Dependent on the personal qualities and qualifications of the candidate as a leader and instructor.

> Inconsistent attendance is not accepted. Short periods of illness should be notified to your instructor.

#### **Intensive Camps**

Participation in at least four camps.

#### **Examination**

- 1) Give a 15-minute oral presentation on the following key points:
  - What is Takemusu Aiki?
  - The concept of Takemusu Aiki.
  - Takemusu Aiki training method.
- 2) Perform a 15-minute demonstration of Takemusu Aiki.

#### **Points of Importance**

Follow strictly Takemusu Aiki's principles and techniques.

#### **Aikido Insights**

The completion of an essay containing covering the points below.

- How is Budo/Aikido connected to philosophy?
- The benefits of Aikido practice today/modern world?



## 5<sup>th</sup> Dan Student Qualification Requirements

Authorised Examiner: Takeji Tomita

#### Qualification

Following 4<sup>th</sup> Dan only on recommendation from Sensei Tomita after a minimum additional two consecutive years of continuous discipline.

Inconsistent attendance is not accepted.

Short periods of illness should be notified to your instructor.

#### **Intensive Camps**

Participation in at least four camps.

#### **Examination**

- 1. Give a 15-minute oral presentation on the following key points of Aikido:
  - History, Theory and Principles of Aikido.
  - Why Tomita's Aikido?
- 2. Perform a 15-minute demonstration of Takemusu Aiki.

#### **Points of Importance**

Follow strictly Takemusu Aiki's principles and techniques.



# 6<sup>th</sup> Dan and Above Student Qualification Requirements (Honorific Dan)

Authorised Examiner: Takeji Tomita

Based solely on the judgement from Sensei Tomita considering the following points.

- Demonstrated passion for the promotion of Aikido and Budo.
- Exhibiting leadership and personality in harmony with Takemusu Aiki.
- Displaying technical mastery of Takemusu Aiki.
- Contributes to society.